Supporting Seniors and their Families

SENIOR CAREMANAGEMENT

A COMPREHENSIVE ASSESSMENT, CARE MANAGEMENT AND COUNSELING PROGRAM FOR SENIOR LOVED ONES AND THEIR FAMILIES

- Free initial phone consultation
- In-home assessment
- ◆ Senior care facility resident assessment
- Crisis intervention
- Continuing care management and counseling of a senior loved one
- Assistance with long-term residential placement
- Support for family members
- Ongoing open communication

Specialized care plans for families who reside away from their senior loved one

 Coordination and referrals for additional services



SERVING PEOPLE OF ALL FAITHS

www.tjfs.org 813.960.1848 phone 813.265.8239 fax

522 North Howard Avenue

Tampa, Florida 33606-1245

Agency services are available without regard to race, religion, gender, age, national origin or special needs.

MISSION-BASED FEE SCHEDULE

Serving families in the Tampa area



United





SENIOR CAREMANAGEMENT

A comprehensive assessment, care management and counseling program for senior loved ones and their families.

Professional services provided by licensed psychologists.



SENIOR CARE MANAGEMENT

Supporting Seniors and their Families

Peace of Mind:



OVERVIEW OF KEY SERVICES

COMPREHENSIVE ASSESSMENT, CARE MANAGEMENT AND COUNSELING SERVICES

- Free initial phone consultation
- In-home assessment
- Senior care facility resident assessment
- Crisis intervention
- Continuing care management and counseling of a senior loved one
- Assistance with long-term residential placement
- Support for family members
- Ongoing open communication between staff, senior loved one and family
- Specialized care plans for families who reside away from their senior loved one
- Coordination and referrals for additional services
 Tampa Jewish Family
 Services does not provide
 medical or caretaker
 services, but can provide
 referrals upon request.



SENIOR CAREMANAGEMENT

services and fees reflect Tampa Jewish Family Services' mission to strengthen the community. Affordable pricing for quality services are provided by licensed psychologists. WE ARE HERE TO HELP.

SENIOR CARE MANAGEMENT TFAM

DIRECTOR OF SENIOR SERVICES Peter Lally, LCSW Licensed Clinical Social Worker

CLINICAL DIRECTOR

Allison Haig, Psy.D. Licensed Psychologist **SENIOR CAREMANAGEMENT** is a comprehensive assessment, care management and counseling program for senior loved ones.

Professional services are provided by licensed psychologists.

MISSION-BASED FEE SCHEDULE

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The comprehensive assessment includes up to 10 hours of professional service.

\$350 or \$395	Comprehensive Assessment and Individualized Care Plan for Individual Senior or Senior Couple
\$65 per hour	Advocacy and Care Managemen t Services
\$36 to \$125 per hour	Counseling Services – Medicare and many major health insurance plans accepted. Household income may qualify clients for a reduced fee if services are self-pay.
TAMPA JEWISH FAMILY SERVICES' MISSION IS TO PROVIDE COUNSELING, COMMUNITY SERVICE PROGRAMMING	

COUNSELING, COMMUNITY SERVICES MISSION IS TO PROVID COUNSELING, COMMUNITY SERVICE PROGRAMMING AND ASSISTANCE, CONSISTENT WITH JEWISH VALUES, FOR THE PURPOSE OF STRENGTHENING INDIVIDUALS AND FAMILIES OF ALL FAITHS IN THE TAMPA AREA.



Geriatric Expertise:

DOES YOUR SENIOR FAMILY MEMBER NEED SOMEONE LOOKING OUT FOR THEIR NEEDS IN A SENIOR CARE FACILITY? SENIOR CAREMANAGEMENT professionals provide support for a senior family member to ensure they are adjusting to their new home and that care is handled with the utmost respect and concern for their individual and personal needs. Family members receive ongoing communications from the SENIOR CAREMANAGEMENT professional who works closely with the senior loved one. This is particularly important when a senior lives in the Tampa Bay area and other family members reside in another city or out-of-state.

ARE YOU ANXIOUS THAT A SITUATION WITH YOUR SENIOR FAMILY MEMBER MAY RESULT IN OR HAS BECOME A CRISIS SITUATION? The **SENIOR CARE**MANAGEMENT program specializes in geriatric care and has been developed to help prevent a family crisis. If one has occurred, a **SENIOR CARE**MANAGEMENT professional will work with the entire family to stabilize and manage the situation.

Tampa Jewish Family Services has a dynamic full-service Counseling Department designed to assist individuals, families and couples in functioning at their highest level. Our staff of licensed mental health professionals is dedicated to helping people heal, while providing services in a confidential and comfortable environment. **SENIOR CARE**MANAGEMENT is a comprehensive assessment, care management and counseling program for senior loved ones.

Professional services are provided by licensed psychologists.

WHY CONSIDER SENIOR CAREMANAGEMENT?



Tampa Jewish Family Services' SENIOR CAREMANAGEMENT program can help adult children, siblings, spouses and a senior loved one through overwhelming and uncharted territory.

The **SENIOR CARE**MANAGEMENT staff can assist in finding the best solutions for the care of a senior loved one, especially when family members live outside of the Tampa area. Often times, families are not aware of what resources are needed or what services are available in the Tampa Bay community.

A SENIOR CAREMANAGEMENT

professional can help navigate the process while working with families each step of the way. The same care manager who is assigned to a family is available throughout the process.

SENIOR CAREMANAGEMENT staff provides an objective frame of reference for families and establishes an important bond with senior loves ones.



Family Support:

Would Your Family Have **Peace of Mind** Knowing Someone Is providing Additional Emotional Support And Guidance To Monitor The Overall Well-Being Of Your Senior Family Member?



SENIOR CAREMANAGEMENT professionals are trained to understand and deal with the overwhelming challenges that sometimes face seniors. They will counsel and support entire families who are facing often-complicated *medical, emotional, personal care* and *residential challenges.* A SENIOR CAREMANAGEMENT professional stays with a family to help them make decisions based on a senior loved one's unique set of circumstances.

The **SENIOR CARE**MANAGEMENT staff can provide referrals for cleaning services, meal preparation, physical therapy and other types of assistance. This may include help with financial matters, accompanying a senior to a doctor's appointment, and/or providing a report with health care recommendations after an office visit. Our professionals have specialized training to understand the fears a senior loved one may be facing. It could be a fear of losing independence, or failing mental or physical capacity.

SENIOR CAREMANAGEMENT professionals recognize that a senior's health and living situation often change over time, and family members can benefit from expert and reassuring help to address and manage these changes. This service can be particularly important in the case of an emergency or a crisis situation. **SENIOR CAREMANAGEMENT** is a comprehensive assessment, care management and counseling program for senior loved ones.

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ARE YOU CONCERNED ABOUT THE RESIDENTIAL ENVIRONMENT OF YOUR SENIOR FAMILY MEMBERS? A **SENIOR CAREMANAGEMENT** professional will assess the residential environment of senior family members and provide a plan of action for the family. This extensive in-home assessment will evaluate the environment, physical condition, cognitive abilities and mental health of a senior loved one. If it is determined that a senior family member requires a residential move, prospective residential facilities will be recommended.

A SENIOR CAREMANAGEMENT professional will



oversee all aspects of the move, from choosing a moving company and selecting pieces of furniture for the new home, to accompanying the senior on move-in day. Throughout the process, advice and support will be provided to the entire family.